

# Neu Wixom Dance Academy: Competitive Company Jan. 27th, 2018

## DRESS REHEARSAL SCHEDULE: 900am-230pm

### Company Jackets and Warm Ups:

Dancers will do the Team Builder & Warm Up in their first scheduled costume - either arrive w/ costume on, or change into when arrive. Neu Wixom warm up jackets and a pair of sweatpants/warm up pants must be worn over costumes during Team Builder, Warm Ups, while eating in lobby and making spirit posters (to keep muscles warm and keep costumes clean/protected).

### Tips for Hair, Company Matrix:

Arrive w/ hair already done. Hair parted over right eye in a low bun. Wet/damp hair is easier to work with. Use hair gel, thin hairnet around bun (hairnet color to match hair), bobby pins & hairspray. Bring your rhinestone bun holder! Some dances have pony tails - don't have to do hair changes at this rehearsal. No make-up required for this rehearsal, but is required for competitions.

Bring jewelry, all required shoes, Capezio tights & undergarment (if applicable) from Matrix: [Company Hair, Make Up, Tights, Shoes, etc.](#)

### Food and Drinks:

**Food:** Bring healthy snacks/lunches with vegetable, fruit and protein-rich foods. **NO SUGARY FOOD/DRINK LIKE COOKIES, POP, ETC. !!!**

The last thing that our dancers need at a long rehearsal is sugar and heavy, fried or greasy foods. Talk to your child about this ahead of time.

For hydration, bring water, coconut water or sugar-free flavored water w/ electrolytes such as Vitamin Water Zero, Gatorade/Powerade Zero.

**\*\*\* If anyone plans on bringing a snack for all of the dances, please email Gina ASAP to let me know (gina@wixomdance.com). \*\*\***

### Label and Labels:

**DO THIS: LABEL ALL DANCE SHOES W/ NAMES OR INITIALS ON INSIDE OF SHOE (NEVER LABEL OUTSIDE OF SHOE).**

**AND THIS: CAREFULLY CUT OUT ALL COSTUME TAGS - TAGS SHOULD NOT BE SEEN THROUGH COSTUMES.**

### Arrival and Settling In:

Upon arriving to rehearsal, dancers will pick a spot to "set up shop" (hang costumes, organize their own area). Space is limited as the parents will be rhinestoning in the lobby and all three room will be used for classes/rehearsal. Areas available are the office, carpeted area in front of room A, small part of the lobby next to the desk and glass case, and the sides/corners of the studio rooms (Room C won't be available until 1115am).

Since Neubies only have one costume and no costume changes, they will use the hooks and benches in the long hallway.

Jan. 27/Time	Room A	Jan. 27/Time	Room B	Jan. 27/Time	Room C
900-915am	<b>NWDA opens at 9:00am; all dancers arrive between the 9:00-9:15am to make their Spirit Poster in Room B</b>				
915-1000am	915-1000am		Create Sprit Posters - pick name at desk and create poster. (All dancers warm ups over costumes!	930-1115am	Miss Gina's regular Saturday recital classes from 930-1115am
930-1000am	- nothing scheduled -				
1000-1040am	Company Team Builder & Team Warm Up lead Miss Katie (all dancers, Neubies arrive 945am)	1000-1040	- nothing scheduled -		
1040-1045am	<b>Change shoes if needed and go to first scheduled dance/activity</b>				
1045-1100am	Acro - "Gotta Be Me" Miss Alex	1045-1100am	Senior Jazz - "Britney" Miss Katie		
1100-1105am	costume change	1100-1105am	costume change		
1105-1120am	Pre-Teen Tap - "9 to 5" Miss Brianna	1105-1120am	Senior Contemporary - "Stone Cold" Miss Katie	1115-1120am	Parent/Tot class dismissal
1120-1125am	costume change	1120-1125am	costume change	1120-1125am	costume change
1125-1140am	Junior Jazz - "Dynamite" Miss Brianna	1125-1140am	McGinnis solo - "Trendsetter" Miss Alex	1125-1140	Cloutier solo - "I Gotcha" Miss Katie
1140-1155am	costume change	1140-1155am	costume change	1140-1155am	costume change
1155am-1210pm	Jr. Tap - "Hairspray" Miss Brianna	1155am-1210pm	Willett solo - "Ain't No Mountain" Miss Alexz	1155am-1210pm	Johnson solo - "Getaway Car" Miss Katie
1210-1215pm	costume change	1210-1215pm	costume change	1210-1215pm	costume change
1215-1230pm	Pre-Teen Jazz "Dance W/ Me Tonight" Miss Brianna	1215-1230pm	Neubies - "Boogie Down" Miss Gina	1215-1230pm	Allinder solo - "Towards the Light" Miss Katie
1230-1235pm	costume change	1230-1235pm	costume change	1230-1235pm	costume change
1235-1250pm	Hanna/Henderhan duet - "I'm A Lady" Miss Brianna	1235-1250pm	Boji duet - "1,000 Years" Miss Alexz	1235-1250pm	Medonis solo - "Kill The Lights" Miss Katie
1250-105pm	Neu Crew - "Turn Up The Music" Miss Alex	1250-105pm	Bajawa solo - "Ending" Miss Katie	1250-105pm	Kauth solo - "Blackbird" Miss Gina
1250-115pm	<b>Re-group/Parents arrive: all dancers organize their costumes; check to make sure they have all tights, hair/costume accessories and shoes. Parents arrive for notes and dance run-through.</b>				
115-130pm	Parent Notes and 'Q & A'; Dancers "freshen up" for Company photo (all dancers wear their Company warm up jacket).				
130pm	Company photo				
130-230pm	2018 Competitive Season Run-Through! (parents may video and take photos, but please no flash photography)				
<b>When dancers do not see anything scheduled for themselves during a particular time frame, they are to finish their Spirit Posters, take a food/drink break, or <u>quietly</u> watch other dances being rehearsed.</b>					